



Forestry Commission Scotland
Coimisean na Coilltearachd Alba



Wild in the Woods

Contact dates: 14th Aug – 23rd Oct 2015

Venue: Hermitage Of Braid, Edinburgh

Event organised and delivered by:
Creative Art Works CIC

Report published: 28th March 2016

Wild in the Woods

Completion Report

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When a pine needle falls in the forest the eagle sees it the deer hears it and the bear smells it

Native American Indian proverb

1. Introduction

Wild in the Woods was an outdoor creative arts project designed to encourage creative engagement with nature, inspire a love of trees and the great outdoors and instil a sense of ownership and stewardship of local woodlands. Sessions were designed and run by **Creative Art Works CIC** (see Appendix 3).

The participants were a multi-cultural, multi-generational group of local children aged between of two and eleven years old and some parents and carers. Adult participants included several FCS Community Leaders.

The team from Creative Art Works CIC was made up of the following personnel:

The team from Creative Art Works CIC was made up of the following personnel:

- **Joanna Boyce** Project Coordinator, Visual Artist
- **Philip Knight** Physical Theatre, Movement Specialist
- **Fay Purves** Quality control, monitoring and Evaluation
- **Lyver Chavez** Arts Assistant
- **Lindsay Snedden** Photographer and report

FCS community leader Bongayi Kutwayo was responsible for recruiting the participants and dealing with the ongoing community liaison. The project was also supported by Natural Heritage Ranger Jessica Morgado and The

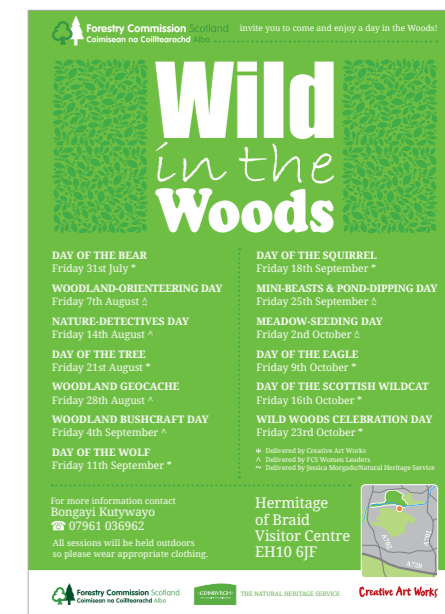
Friends of the Hermitage of Braid as well as FCS Engagement officer Romena Huq and FCS Outreach Ranger Craig Thomson.

The programme of events started in early August 2015 and ran until November 2015. In total the entire project involved:

- Seven trips led by Creative Art Works team, to the same designated site within the woodlands at the Hermitage of Braid Nature Reserve (see Appendix 1).
- One visit to Pilrig Park participate in the Edinburgh Mela Kidzone (see Appendix 2).
- To ensure the sustainability of the project the FCS Champions were given a chance to lead sessions, and to create further opportunities for the participating adults by seeing experts at work. The project also incorporated three sessions led and supported by The Natural Heritage Service and one session led by the FCS Outreach Ranger and one session designed with support of Joanna from Creative Art Works CIC but led entirely by the FCS community Champion volunteers.

“We see enjoyment of art and nature as great ways of making connections across languages and social and cultural divides. Whatever the theme, it is always our aim to make learning engaging, meaningful and fun. Our challenge when delivering projects for FCS is often to devise workable and relevant ways to encourage hard to reach communities to visit woods and green space and to inspire participants to continue woodland activities beyond our projects. We use a creative approach based on the principles of empowerment, collaboration, and creative group dynamics”

Joanna Boyce Director, Creative Art Works CIC





2. Approach

The project contact and delivery was based on Forest School Holistic Learning Principles, also in accordance with the Curriculum For Excellence.

The project had a woodland animal theme and involved participants learning various bush skills and participating in physical and creative activities through meeting six “animal guides”. All the animal guides were Scottish native animals that are either protected, endangered or even extinct.

Each week a different animal set the theme for the day and guided the group through a series of activities and challenges.

Through focussing on behavioural traits common to both humans and the specific animal of the day the team were able to encourage and inspire participants to work on similar characteristics in themselves and within the group.

For example:

- **Caledonian Bear** - being strong and protective, feeling safe & cared for
- **Grey Wolf** - Sociability, teamwork, loyalty, friendship
- **Red Squirrel** - Agility, quick thinking, planning ahead, being prepared
- **Scottish Wild Cat** - Courage, focus and self reliance
- **Golden Eagle** - Vision, aspirations, hopes and dreams

This creative approach captured the participants’ imagination inspiring them to respect and celebrate trees and the ecosystems that surround them while encouraging them to work as a team and to be more healthy, active, imaginative, self confident and self reliant.

Designed as an antidote to a sedentary lifestyle **Wild in the Woods** included lots of opportunities for children and adults to come alive; running and playing in the woodlands, getting in touch with their physicality and their “wild sides” within a secure and focused environment.

As well as discovering facts and legends about woodland fauna and flora, participants had many opportunities to share, take turns and work together as a team against a background of trees. The activities were varied and fun with a mixture of nature detective work, art/crafts, physical exercise, quiet observation and meditation.

All sessions included an animal “stretch” (a series of stretches and balancing exercises) each was designed to reflect each animal and to introduced the participants to an awareness of their own body and its physical potential.

These exercises were adapted from the disciplines of Yoga and Tai Chi and echoed the natural movements and stretches of each animal. The animal theme made the exercises fun. The session became a 20-minute exercise plan at the start of each session.



When repeated these exercises not only increase flexibility and physical confidence but also the ability to concentrate and focus on other tasks.

All the sessions were designed to help participants express and control their wild physical side and instil within them qualities such as teamwork, self-reliance, focus, independence, problem solving and self-confidence as well as creating a life-long love of woodlands, nature and the Great Outdoors.

3. FCS Community Champions

Several of the adults participants in the Wild in the Woods Project were recently recruited into the FCS Volunteer Community Champion Programme, an initiative which trains people from minority groups to lead events and activities in woodlands and forests.

It was important therefore to ensure that the project had a strong emphasis on staff training. In practise this meant inspiring the FCS Community leaders within the group to engage with the out-doors in a creative way with their children and their community groups.

As well as leading through example and demonstrating simple and engaging activities The Creative Art Works team also endeavoured to make useful and relevant connections to available educational resources and directing all adults participants towards appropriate contacts, materials and equipment, in order to ensure that woodland engagement continued beyond the Wild in the Woods project.

The programme aims to educate people from diverse backgrounds, providing knowledge and skills on how to access their local woodlands for the benefits of health, work and play.

The Volunteer Champions help support Forestry Commission Scotland’s engagement programme in central Scotland in a variety of ways from talking to members of the community, to helping deliver events and woodland activities.

The programme is part of Forestry Commission Scotland’s Engagement programme in central Scotland which aims to promote the use of the woodlands to minority groups and communities, ensuring that all individuals are equally able to enjoy the benefit from accessing woodlands and forests.

The Creative Art works team endeavoured to make useful and relevant connections to available educational resources as well as directing adults towards appropriate contacts, materials and equipment, in order to ensure that woodland engagement continued beyond the Wild in the Woods project.





4. Project Background

Wild in the Woods was a third rolling out of an innovative outdoors creative arts/environmental project: the Way of the Woods. The Way of the Woods was originally devised by Creative Art Works in 2011 as part of the FCS remit to remove barriers that exclude people with additional support needs from taking part in woodland activity.

“As arts specialists working in a woodland setting we are always looking for ways to adapt our methods for the benefit of each student group. The TEENS+ Way of the Woods project gave us an opportunity to work within FCS remits with a very challenging and hard to reach new group. Working closely with the expertise of the TEENS+ staff throughout both the planning and delivery of this project meant that we could ensure that the students were given the best possible chance to partake in a woodland project specially designed around their personal learning plans. The flexible and holistic approach of the Way of the Woods project forced us to be always thinking on our feet and to constantly exercise our ability to think flexibly and imaginatively in order to create a learning environment in which students, staff and facilitators could all be drawn into a compelling sense of adventure, possibility and discovery.”

Joanna Boyce Director, Creative Art Works

The first pilot of The Way of the Woods was successfully delivered with a group of ten young people from Pilrig Park Special School in Autumn/winter 2011. The students then were special needs teenagers between the ages of fourteen to eighteen years old all of whom were able to walk unassisted.

A second roll out of Way of the Woods involved working with an older student group. It was designed as a follow up to the original pilot, and was a specially tailored programme designed for young vulnerable adults with additional support needs, communication difficulties, autism, ADHD and mental health issues. In order to ensure that the project programme was tailored to provide each individual with relevant learning opportunities, stimulation and support, the project design reflected the “Individual Learning Plans” (ILP’s) for each participant.

“When we first discussed The Way of the Woods project we doubted it would work – we thought – “Well, that’s not going to happen, the students won’t be up for it, they’ll kick off, they won’t be able to cope!” But we were up for the challenge and, in spite of protests – we got them to the woodlands – Once there so many worries and stresses disappeared – not only the students but ours too. The project was highly enjoyable from start to finish and the level was pitched just right for our group. All in all it was phenomenal – and has changed how we all think about potential of working in the woodlands.”



The Way of the Woods projects has completely exceeded anything we could’ve imagined in terms of success. Given the challenges we had to get the students to venture into the woods on the first day it was nothing short of staggering to see how each individual progressed in such a short time. Even parents at home were noticing a difference in behaviour and engagement. It has been an extremely positive and worthwhile experience, which has inspired us and taught and a lot a programme of regular visits to the local woodlands is the obvious next step.

TEENS+ staff member

Wild In The Woods was the first time the Way Of The Woods programme has been adapted to suit a cross generational group of nursery and primary aged children with their parents and/or carers. Although we didn’t have any additional support needs to deal with we did have the new challenge of making sure the project was engaging and accessible to all the wide age group participating. This included not only adults and nursery children and primary school children but also some secondary aged children and sometimes even babies in buggies. Importantly we also needed to ensure that learning opportunities for the FCS Community Champion were built into the delivery.

The last session was billed as a ‘Celebration Day’. This included an ‘in the woods’ activity led by music specialist Matt Clements. Creative Art Works CIC prepared a “gift box” for each participant including “souvenir” objects, messages and memories of each animal day in addition to each participant’s own artwork from each session, now varnished and with backings and fittings for hanging/displaying. Each Participant was awarded Completion Certificate.



5. Image Gallery



6. Timetable

The overall programme included events run by Creative Art Works in addition to programmed events organised by Creative Art Works CIC but delivered by Natural Heritage Service, FCS Outreach Rangers and FCS Community Champions.

Date	Session	Themes	Main Activities
Friday 31st July 1.30am - 4.30pm	Day of the Caledonian Bear	Feeling safe and being cared for	Bear stretch, Den building, Follow bear, Naming our land, Camouflaging our tracks, making bear amulets
Friday 7th August 1.30am - 4.30pm Delivery by Jessica from The Natural Heritage Service with support from the FCS Community Champions	Woodland Orienteering day	Finding way around woodland using compass and coordinates	Basic map reading and positioning skills using traditional magnetic compass, electronic GPS and maps to explore community woodland
Friday 14th August 1.30am - 4.30pm Delivery by Bongayi and FCS Community Champions	Nature Detectives Day	Woodland Exploration/ Conservation	Various activities using the Woodland Trust Nature Detective worksheets and other woodland focused games and resources
Friday 21st August 1.30am - 4.30pm	Day of the Tree	Discovering Trees, twigs and leaves, becoming keepers/ stewards of the trees	Stick weaving, foraging forest floor, categorising and sorting organic materials, woodland nature trails, tree collages, "land" art
Saturday 29th August Sunday 30th August 12 Noon to 6.00pm	Edinburgh Mela Leith Links	"Go Bananas" Kidzone	Supporting Community Engagement Activities in FCS stall and participating FCS sponsored Performance "Boat"
Friday 4th September 1.30am - 4.30pm	Woodland Bush Craft	Woodland Exploration	Forest school activities, fire-lighting, woodland bush craft

Date	Session	Themes	Main Activities
Friday 11th September 1.30am - 4.30pm	Day Of The Grey Wolf	Working as a team, Sharing, Taking turns, Looking after each other	Meet Wolf, Wolf stretch, Join the Pack team game, Following the wolf trail, Making the Wolf jigsaw puzzle, Wolf howl, Moulding the wolf -paw, wolf collages using found woodland materials, Camouflaging our tracks
Friday 18th September 1.30am - 4.30pm	Day Of The Red Squirrel	Planning ahead, planning time-lines, problem solving, categorizing and organising	Meet Squirrel, Squirrel stretch, Gathering sticks, Squirrel stretch/Movement, Making camp fire & baked potatoes, Squirrel models, Using trowels/picnic by fire, Foraging forest floor, Sorting and categorizing squirrel pictures, Tree climbing, Camouflaging our tracks,
Friday 25th September 1.30pm - 4.30pm Delivery by Jessica from The Natural Heritage Service with support from the FCS Community Champions	Mini -Beasts & Pond Dipping Day	Nature Exploration/ Conservation	Using nets, tray magnifying pots and worksheets to observe and identify water borne insects and other mini beasts
Friday 2nd October 1.30pm - 4.30pm Delivery by Jessica from The Natural Heritage Service with support from the FCS Community Champions	Meadow Seeding Day	Nature Exploration/ Conservation	Scattering flower and grass seeds in Mid Mar Meadow (adjacent to the Hermitage of Braid) Plant management and conservation activity.
Friday 9th October 1.30pm - 4.30pm	Day of the Golden Eagle	Hopes, dreams and aspirations	Making Eagles, Dream - catchers, collecting sticks and lighting fire, hopes and dreams poems, song and sending wishes to the skies, painting with bramble juice. "Eagle Eye" games and nature detective work

Date	Session	Themes	Main Activities
Friday 16th October 1.30pm - 4.30pm	Day of the Scottish Wild Cat	Confidence building and independence, being courageous	Meet Wildcat, Wildcat stretch Sensory Experience (See, hear, touch, smell, taste etc.) Wild cat Art (clay cat face on tree with woodland foliage) Wildcat Day dreaming; Making charcoal and writing tree poems, Making pizza dough snakes, Wildcat Independence Challenge (Blindfold, Climbing with rope; walking barefoot etc.) Obstacle course, Camouflaging our tracks
Friday 27th October 1.30pm - 4.30pm	Wild In The Woods Celebration Day	Celebrating all the animals and participants and giving each participant their "Animal Guide "	Fire lighting, Animal stretches, Bear's Den, Wolf puzzle and wolf howl, Acorn trail, Wildcat challenge, Music session, Animal chant, Music session and Fire, Praising each participant and receiving the animal guides, Final feast, peel and sharpen sticks, toasted marshmallows, Music session and Fire, Praising each participant and receiving the animal guides and the gift boxes, Camouflaging our tracks



7. Aims

To design and deliver an outdoor creative arts/environmental multicultural family project.

Wild in the Woods was designed to encourage creative engagement with nature, to inspire a love of trees and the great outdoors and instil a sense of ownership and stewardship of local woodlands.

The project endeavoured be an antidote to a sedentary lifestyle with lots of opportunities for children and adults to come alive - running and playing in the woodlands, getting touch with their physicality and their wild precity selves within a secure focused environment. As well discovering facts and legends about woodland flora and fauna participants were offered many opportunities to share, take turns and work together as a team against a background of trees. The activities were varied and fun with a mixture of nature detective work, art/crafts, physical exercise, quiet observation and meditation. At the same time there was an emphasis on staff training and inspiring the FCS Community leaders within the group, to engage with the outdoors in a creative way with their children and their community groups.

The main purpose of the project was to:

- Deliver a holistic and immersive learning programme in a challenging yet safe/supportive environment
- Get Children and their families outdoors and into the woods
- Support and inspire Community leaders to engage with the woodlands in a creative way
- Demonstrate nature inspired arts activities and arts and crafts using organic materials from the woodlands
- Encourage participants to continue return to the woods after the project has ended

The project also aimed to:

- Get Project Workers and Arts Specialists working side by side
- Build in time for participants and facilitators to observe, reflect and evaluate
- Offer nature exploration activity plans and point participants in direction of support services and resources e.g. Scottish woodland Trust's "Nature Detective" packs





8. Objectives

We successfully delivered a holistic and immersive learning programme in a challenging yet supportive environment, which was designed to “kick-start” a programme of regular visits to the woodlands. The project provided opportunities for the following:

FCS Community Champions and other parents to:

- Work with creative specialists
- Recognise the woods as an outdoor learning space
- Enjoy woodlands and nature alongside their children
- To explore an unconventional and imaginative approach
- Observe and practise delivery of nature inspired sessions in the woods

Children to:

- Work individually, in pairs and as a team
- Explore their own physicality and appreciation of nature and woodlands
- Enjoy and learn about woodlands
- Use the creative arts as a way to express themselves
- Enjoy the beauty and fun of nature experienced first hand
- Try problem solving in a meaningful context
- Develop their imagination and creative learning
- Express and Control themselves physically
- Relax and learn to be still in nature
- Feel a sense of responsibility towards urban green space



9. Key Learning Outcomes

The following learning outcomes were achieved:

For FCS Community leaders:

- Working along side Creative Arts Specialists
- Observing Individual children in outdoor setting
- Trying innovative creative arts approach
- Using the woodlands as an outdoor learning space

For Children

- Exploring the great outdoors and individuals place within it
- Developing healthy communication with others
- Expressing ideas about “wildness” and freedom
- Celebrating the community and environment
- Discovering what it can mean to be independent and self-reliant
- Simple plant/animal identification
- Using tools (flints, wood shavers, trowels etc.)
- Using specialist art materials
- Designing and Memorizing plans and sketches
- Following trails and working out puzzles
- Communicating things they believe in
- Thinking about ideas, solutions and ways to make improvements
- Working creatively to achieve a goal
- Presenting + exhibiting ideas
- Making positive change for our futures
- Health and well being
- Sharing conclusions with others
- Interactive, impressive learning in accordance to delivery of the Curriculum of Excellence and Forest School

For Facilitators:

- Working with a multi-generational group
- Flexibility and adaptability when delivering sessions
- Delivery of FCS remits through the arts and environment



10. Participant Monitoring

Age and Gender of those involved		
	Male	Female
0-4 years	15	23
5-6 years	12	6
7-10 years	19	2
11-15 years	6	2
16-24 years	-	-
25-35 years	-	23
36-44 years	6	7
45-55 years	5	6
55-64 years	5	-
65 years	-	-
Total male/female	72	69
Overall total	141	

Participants ethnic background	
White Scottish	73
White Other British	15
Mixed Race	9
Asian, Scottish Asian, British Asian	19
Black, Black Scottish, Black British	23
Other	2

Religion (where stated)	
Buddhism	-
Christianity	19
Islam	7
Judaism	-
Sikhism	-
Hinduism	-
Other	-

Disability	
The Disability Discrimination Act 1995 defines disability as any long-term illness, health problem or disability which limits your daily activities or the work you can do	
Physical disability	-
Visual Disability	-
Hearing Disability	1
Mental Disability	-
Learning Disability	2
Any Other Disability	-
Other	-

Postcode		
Where do the majority of the people involved in this project live		
City	Area	Postcode
Edinburgh	Oxgangs	EH13

Notes:

1. All participants were asked to complete a Monitoring Form. Where language of physical ability was a barrier to completing the form assistance was offered by one of the Creative Art Works or FCS team.
2. There was a general reluctance to answer certain questions most notably the questions regarding Religion and the questions relating to Sexual Orientation. This is reflected in the figures given above for Religion and the reason for the total absence of any figures relating to Sexual Orientation.
3. Parents/carers were asked to complete on behalf of any children in their care.
4. The FCS Community Champions assisted at the Edinburgh Mela (see Appendix 2 for contact numbers).

12. Participant Feedback

Adults

Q. Has the experience been an enjoyable one for you/ your child/children / family?

A. *Yes!*

Q. What did you most enjoy doing/learning throughout the project and why?

A. *Art activities – nice to do in the woods*

Q. Anything you did not enjoy?

A. *No*

Q. Is there anything you would change or improve?

A. *No*

Q. Are there any other comments you would like to make?

A. *Lovely experience. Thanks.*

Leesa

Q. Has the experience been an enjoyable one for you/your child/children/family?

A. *Yes it has been fantastic*

Q. What did you most enjoy doing/learning throughout the project and why?

A. *Loved finding the parts of the puzzle as everyone worked as a team*

Q. Anything you did not enjoy?

A. *No loved everything*

Q. Is there anything you would change or improve?

A. *No*

Q. Are there any other comments you would like to make?

A. *Me and my girls love coming to this group and have lots of fun every week*

Kylie

“My son Dominic and I attended the wild in the woods adventure at the end of 2015. It was a great experience for him learning about nature while being outdoors and active. The leaders and clues along the walks were fantastic, challenging the children at all levels and encouraging team work. I would highly recommend it and would love to go back, so would Dominic.”

Gill

Children

Q. What did you most enjoy doing?

A. *Climbing*

A. *It was really fun, I liked doing the paw. It was very creative.*

Q. Is there anything that could have been better?

A. *No*

Q. Tell us anything you discovered or tried for the first time?

A. *Talking about squirrels*

Sherif (aged 8)

Q. What did you most enjoy doing and why?

A. *Art because I like it*

Q. Is there anything that could have been better?

A. *Clues to be harder*

Q. Thinking about this project, tell us anything you discovered or tried for the first time?

A. *Making the wolf moulds*

Beth (aged 9)

Q. What did you most enjoy doing and why?

A. *Moulding the paw. Collage.*

Calvery (Primary 2)

Q. What did you most enjoy doing and why?

A. *Treasure hunt*

Q. Is there anything that could have been better?

A. *Nothing*

Q. Thinking about this project, tell us about anything you discovered or tried for the first time?

A. *The word saltire*

Ruby (Aged 6)

13. Facilitator feedback

Over this project we engaged regularly with up to 34 children and several mums and dads and carers.

*Through out summer, autumn and into winter this inter-generational group braved the elements trying lots of things they'd never done before, each time gaining more confidence playing in the woodlands. We were all really impressed by their teamwork and commitment as well as the sense of joy and wonder. It was interesting to see how the **Wild in the Woods** project developed from the "Way of The Woods", without the constraints of additional support needs but with the challenge of a multi-generational mix of participants.*

Over the course of the project we observed a strong team spirit develop with individuals being particularly caring and kind to each other. Older children supported and encouraged younger children – adults and children both were put on equal footing trying things they had never done before.

It was very satisfying to see individuals build up their confidence about being outdoors – especially regarding their physicality in the woods. There was a definite increase in daring to go off the beaten track, and both children and adults became more agile and sure-footed in the woods. Returning to the same site on a weekly basis certainly helped to foster a feeling of security and safety and the role-play was so enjoyable to participants and workers alike that it never felt like work. Problem solving Team exercises such as the Den building and the trails with clues were especially beneficial and the final ceremony was uplifting.

Joanna Boyce Creative Director, Creative Art Works CIC

For me the project went very smoothly with development of previous Way of the Woods proving very useful. The new activities such as tree climbing and tunnel crawling very successful additions. This seemed the perfect age range for this project.

Bongayi's input and support was invaluable.

Although more work was involved in set up because we used different areas of the woods on different days, I think this change improved the project. Also splitting the group and having simultaneous activities to avoid too much queuing was an improvement. We now a lot of activities in the tool box.

Suggestions for future:

Because we know how the project runs now. I am wondering if we could have a preparation day or two before the project starts where all print materials artwork are pre-prepared and materials can be bought. And/or someone working with Joanna to take the pressure off her time once the contact time with the group starts.

Phil Knight Actor Artist, Playwright

Working as the photographer on the project put me in a fairly privileged position. Whilst my colleagues had to be "hands on" with the groups at all times I was able to step back to observe and record.

What was particularly interesting was watching how the levels of confidence displayed by individuals and the group as a whole increased as the project progressed. Equally impressive was the immersive nature of the art projects, something which is evident in many of the photographs. All the children set about these tasks with a huge amount of dedication and growing levels of skill.

Interestingly the art projects also allowed the older children in the group to lead by example. Indeed in many of the art based and physical activities the older children were encouraged to take on a guiding/nurturing role allowing them to take on a degree of responsibility and leadership (carefully monitored to be within their abilities).

I also thought that the introduction of the physical activity elements (warm up, tree climbing etc.) and the various puzzles and quizzes, when combined with the creative activities allowed all the children to find something that they could excel at.

Lindsay Snedden Photographer

As an assistant and a parent on this project I found it a fantastic experience. The growth in confidence amongst the children across the course of the sessions was marked. My own children were really reluctant to go initially (people they didn't know, outdoor activities, Mum's work all playing a part) but were desperate to go back! The ability to push themselves in a safe environment and to work with loads of other kids saw their enthusiasm and confidence grow. I've seen a real upturn in their desire to explore woodland and countryside environments since Wild in the Woods.

Faye Purves Director, Creative Art Works

14. Recommendations

Feedback from the staff and participants strongly supports both **Wild in the Woods** and the previous "Way Of The Woods" projects

Now that the approach has been completed, tried and tested and evaluated Creative Art Works team and the local FCS community leadership champions would like to continue a programme regular visits to the local woodlands.

Regarding future Wild In The Woods or Wild in the woods projects we recommend the following:

With view to partnership working, we recommend early approaches to relevant community groups, Special School, Adult Day Centres and other organisations working with children and adults with additional support needs with the suggestions that they make partnership applications to funding bodies to match FCS engagement budget.

When working with this type of group it would be beneficial to design the sessions to spread over a longer time with perhaps more sessions, starting with initial meetings which were very short indeed, but also beneficial to staff, students and facilitators.

Having lunch in the woods always worked very well - this could be developed and incorporated more into activities.

Perhaps an increase the song, rhythm and music element in future projects. With only one day with a music specialist we were unable to achieve the true possibilities of making music outdoors. A musician and different instrument/s at every session would've been fantastic.

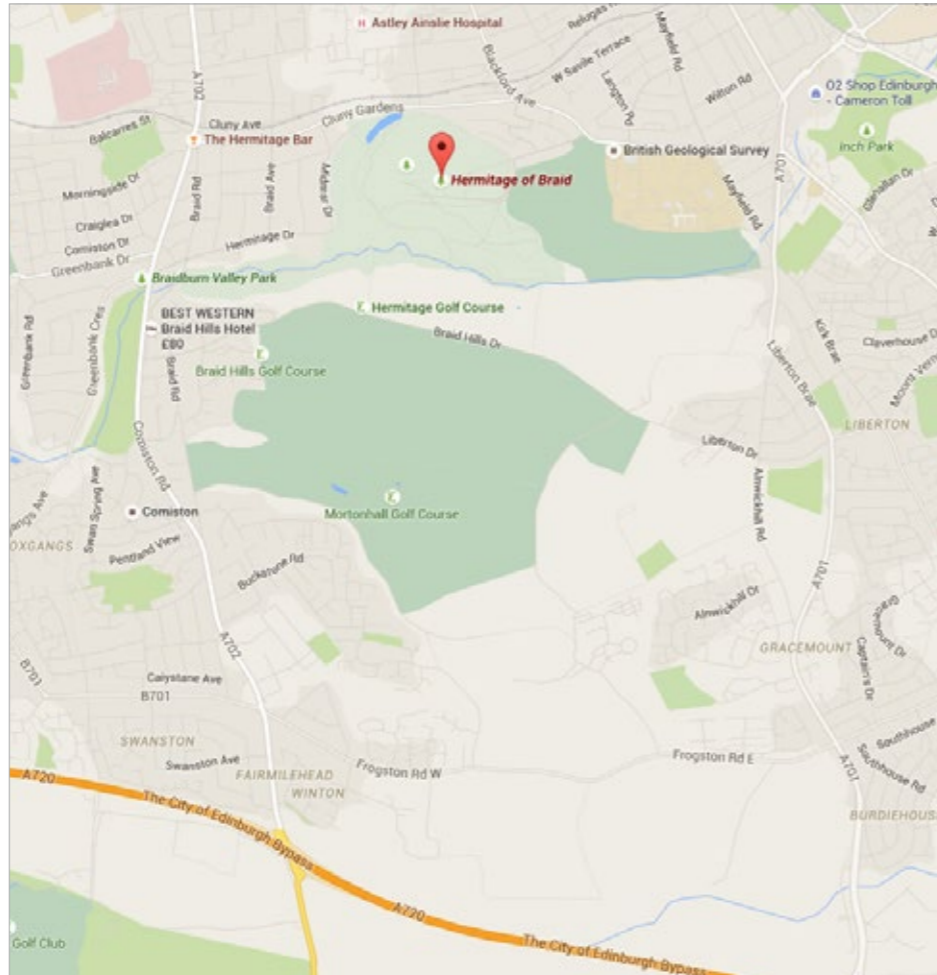
There is potential to produce a Wild In The Woods Education/follow up pack. This would support way group leaders to continue activities in the woods beyond the project.

A teacher/staff pack could be designed working closely with FCS staff and FCS community champions.

The Education Adviser at Forestry Commission Scotland has expressed interest in developing a **Wild In The Woods** outdoor classroom resource pack. Sufficient resources and experience now exist to make this reality.

15. Appendices

Appendix 1. Location Map



Appendix 2. Edinburgh Mela Kidzone

The Edinburgh Mela is a celebration of Scotland's diverse culture. It produces a high quality festival of music, dance and wider arts from around the world all with the express purpose of promoting community cohesion and mutual understanding between changing and diverse communities. Edinburgh Mela provide an essential platform to BAME artists and performers and showcases work from local and emerging artists and companies alongside artists of national and international stature. The Kidzone is a long established, well respected and popular part of the Edinburgh Mela providing an immersive experience for the younger members of Edinburgh's diverse cultural communities.

Although difficult to count visitors to each zone while working some staff and volunteers were able to keep rough participant records through both material count and on going note-taking. We can estimate minimum numbers in the kids area over the weekend to be something in the region of **1,800 - 2,100** visitors.

Appendix 3. Creative Art Works Mission Statement

Creative Art Works offers a unique combination of creative, professional and organisational skills with experience that ranges across the commercial, financial, artistic and not for profit sectors.

Our aims are to:

- Use art and drama to facilitate creativity and expression in others, using artistic engagement as a tool for analysis, discovery and learning.
- Help corporate and third sector organisations make informed decisions through a creative use of market research, concept development and project management.
- Plan, create and deliver projects, programmes and events that engage with all sections of society including hard to reach and minority groups.
- Promote, record and report using the written word, the visual arts, print, photography, design and the web.

We work with public, private and third sector organisations and strive to provide everyone with access to our services. Whilst we offer cost effective solutions to all our clients we are committed to directing any profit we generate towards supporting our work with groups engaged in social and educational projects.

Creative Art Works has particular interest in projects which promote sustainability, maximise social capital and engage with hard to reach and out of reach social groups. We believe in creating benefit beyond the immediate project remit and, when possible and appropriate, we will offer work and development opportunities to people looking for employment.

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